

24 kind things to do in December

One a day from December 1. When it's done, color the star. On Christmas Eve, tell everyone your favorite.



SUN	MON	TUE	WED	THU	FRI	SAT
 Missed a day? Kind things count on any day, so just carry on.		1  Hold a door open for someone. A little bow is optional.	2  Help set the table. Forks on the left, spoons wherever they like.	3  Draw a picture for someone who lives far away, and post it with a grown-up.	4  Say good morning to everyone at home with your BIGGEST smile.	5  Share your favorite toy for a whole game. Yes, the whole game.
6  Make a thank-you card for someone who helps you every day.	7  With a grown-up, put out a little bowl of water or seeds for the birds.	8  Tidy up your toys before anyone asks you to.	9  Tell someone one thing you love about them.	10  Pick a toy or a book you've grown out of, to give to another child.	11  Carry something light when the shopping comes in, like the bread.	12  Let someone else go first today.
13  Make a card for someone who is sick or a bit lonely.	14  Read or tell a story to someone smaller. A teddy counts.	15  Fill a pet's water bowl, or help serve its dinner.	16  Say thank you to whoever made dinner. Even if it's broccoli.	17  Ask someone who looks sad if they would like a hug.	18  Pick up litter with a grown-up, gloves on.	19  Make paper snowflakes for a neighbor (a grown-up comes too when you give them).
20  Water a plant that looks thirsty.	21  Help make a snack for your family. Tasting is allowed.	22  Play with someone who is playing on their own.	23  Call or video call a grandparent and sing them a song.	24  It's Christmas Eve! Tell your family your favorite kind thing from December.	25  Merry Christmas!	